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What is claimed is:

- 1) An abrasive carbon foam produced by the controlled foaming of a blend comprising:
 - A) from about 90 to about 99% by volume of a particulate coal exhibiting a free swell index of between about 3.5 and about 5.0 and of a small diameter; and
 - B) from about 1 to about 10% by volume of a carbide precursor.
- 2) The abrasive carbon foam of claim 1 wherein said particulate coal exhibits a free swell index of between about 3.75 and about 4.5.
- The abrasive carbon foam of claim 1 wherein said carbide precursor comprises a member selected from the group consisting of materials capable of reacting with carbon to form carbides under carbon calcining and graphitizing conditions.
- 4) The abrasive carbon foam of claim 3 wherein said carbide precursor is selected from the croup consisting of: tungsten, silicon and titanium.
- The abrasive carbon foam of claim 3 wherein said carbon precursor powder is of a particle size below about 100 microns.

- The abrasive carbon foam of claim 3 which is a semi-crystalline, largely isotropic, porous coal-based product having a density of between about 0.2 and about 0.5 g/cm³.
- The abrasive carbon foam of claim 3 which is a semi-crystalline, largely isotropic, porous coal-based product having a density of between about 0.3 and about 0.4 g/cm³
 - 8) A method for producing an abrasive carbon foam comprising:
 - A) comminuting coal exhibiting a free swell index of between about 3.5 and about 5.0 to a small particle size to form a particulate coal;
 - B) blending said particulate coal with from about 1 to about 10% by volume of a carbide precursor to form a reactive blend;
 - C) heating said reactive blend in a mold under a nonoxidizing atmosphere to a temperature of between
 about 300° C and about 600° C and soaking at this
 temperature for a period of from about 10 minutes to
 about 12 hours to form a green foam blend;
 - D) carbonizing said green foam blend to form a carbonized foam by heating to a temperature of between about 600°C and about 1600°C in an inert atmosphere and

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holding at said temperature for a period of from about 1 to about 3 hours to form a carbonized foam; and

- E) graphitizing said carbonized foam by heating said carbonized foam to a temperature of between about 1700°C and about 3000°C in an inert atmosphere and holding at said temperature for a period of less than about one hour to form said abrasive carbon foam.
- 9) The method of claim 8 wherein said carbide precursor comprises a member selected from the group consisting of materials capable of reacting with carbon to form carbides under carbon calcining and graphitizing conditions.
- 10) The method of claim 9 wherein said carbide precursor is selected from the croup consisting of: tungsten, silicon and titanium.
- 11) The method of claim 9 wherein said carbon precursor powder is of a particle size below about 100 microns.
- The method of claim 8 wherein said particulate coal exhibits a free swell index of between about 3.75 and about 4.5.
 - 13) An abrasive carbon foam manufactured by a process comprising:

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- A) comminuting coal exhibiting a free swell index of between about 3.5 and about 5.0 to a small particle size to form a particulate coal;
- B) blending said particulate coal with from about 1 to about 10% by volume of a carbide precursor to form a reactive blend;
- C) heating said reactive blend in a mold under a non-oxidizing atmosphere to a temperature of between about 300° C and about 600° C and soaking at this temperature for a period of from about 10 minutes to about 12 hours to form a green foam blend;
- D) carbonizing said green foam blend to form a carbonized foam by heating to a temperature of between about 600°C and about 1600°C in an inert atmosphere and holding at said temperature for a period of from about 1 to about 3 hours to form a carbonized foam; and
- E) graphitizing said carbonized foam by heating said carbonized foam to a temperature of between about 1700°C and about 3000°C in an inert atmosphere and holding at said temperature for a period of less than about one hour to form said abrasive carbon foam.

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- 14) The abrasive carbon foam of claim 13 wherein said particulate coal exhibits a free swell index of between about 3.75 and about 4.5.
- 15) The abrasive carbon foam of claim 13 wherein said carbide precursor comprises a member selected from the group consisting of materials capable of reacting with carbon to form carbides under carbon calcining and graphitizing conditions.
- 16) The abrasive carbon foam of claim 14 wherein said carbide precursor is selected from the croup consisting of: tungsten, silicon and titanium.
- 17) The abrasive carbon foam of claim 13 wherein said carbide precursor powder is of a particle size below about 100 microns.
- 18) The abrasive carbon foam of claim 13 which is a semi-crystalline, largely isotropic, porous coal-based product having a density of between about 0.2 and about 0.5g/cm³.
- 19) The abrasive carbon foam of claim 13 which is a semi-crystalline, largely isotropic, porous coal-based product having a density of between about 0.3 and about 0.4g/cm³.

- 20) The abrasive carbon foam of claim 1 wherein said coal particulate is a high volatile bituminous coal containing between about 35% and 45% by weight of volatile matter.
- 5 21) The abrasive carbon foam of claim 20 wherein said high volatile bituminous coal has a Gieseler initial softening temperature above about 380° C.
 - 22) The semi-crystalline, largely isotropic, carbon foam of claim 21 wherein said high volatile bituminous coal has a Gieseler initial softening temperature between about 380° C and about 400° C.
 - 23) The semi-crystalline, largely isotropic, carbon foam of claim 20 wherein said high volatile bituminous coal has a plastic range of at least about 50°C.
 - 24) The abrasive carbon foam of claim 20 wherein said high volatile bituminous coal has a plastic range of from about 75° C to about 100° C.
- 25) The abrasive carbon foam of claim 20 wherein said high volatile bituminous coal has a maximum fluidity of at least several hundred ddpm as determined by ASTM D2639.

- 26) The abrasive carbon foam of claim 25 wherein said high volatile bituminous coal has a maximum fluidity of more than 2000 ddpm as determined by ASTM D2639.
- 5 27) The abrasive carbon foam of claim 20 wherein said high volatile bituminous coal exhibits an expansion of at least about 20% as determined by Arnu dilatation.
 - 28) The abrasive carbon foam of claim 27 wherein said high volatile bituminous coal exhibits an expansion of at least about 100% as determined by Arnu dilatation.
 - 29) The abrasive carbon foam of claim 20 wherein said high volatile bituminous coal: 1)comprises; A) from about 50 to about 60% by weight of fixed carbon; and B) less than about 30% by weight inert maceral material; 2) exhibits a vitrinite reflectance in the range of from about 0.80 and about 0.95 as determined by ASTM D2798 and 3) exhibits 0.0 volume % moderate or severe oxidation as determined by ASTM D2798.
- 20 30) The abrasive carbon foam of claim 1 having a density of between about 0.2 g/cm³ and about 0.5g/cm³.

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- 31) The abrasive carbon foam of claim 1 having a density of between about 0.3 g/cm³ and about 0.4g/cm³.
- 32) The method of claim 8 wherein said carbide precursor comprises a member selected from the group consisting of materials capable of reacting with carbon to form carbides under carbon calcining and graphitizing conditions.
- 33) The method of claim 32 wherein said carbide precursor is selected from the croup consisting of: tungsten, silicon and titanium.
- 34) The method of claim 32 wherein said carbon precursor powder is of a particle size below about 100 microns.
- 15 35) The method of claim 31 wherein said particulate coal exhibits a free swell index of between about 3.75 and about 4.5.